



4283

PLEASE COMPLETE IN BLACK INK ONLY.

Short PTSD Rating Interview (SPRINT)

initials	<input type="text"/>	ID #	<input type="text"/>	date	<input type="text"/>	<input type="text"/>	<input type="text"/>	visit	<input type="text"/>
age	<input type="text"/>	marital status		<input type="radio"/> married <input type="radio"/> separated <input type="radio"/> widowed <input type="radio"/> never married <input type="radio"/> divorced <input type="radio"/> refused		protocol number			
gender		<input type="radio"/> male <input type="radio"/> female race or ethnic origin <input type="radio"/> white, not Hispanic origin <input type="radio"/> black, not Hispanic origin <input type="radio"/> Hispanic <input type="radio"/> Asian <input type="radio"/> Native American or Alaskan native <input type="radio"/> other <input type="radio"/> unsure							

Identify the relevant trauma:

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
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	<i>not at all</i>	<i>a little bit</i>	<i>moder- ately</i>	<i>quite a lot</i>	<i>very much</i>								
1 How much have you been bothered by unwanted memories, nightmares, or reminders of the event?	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4								
2 How much effort have you made to avoid thinking or talking about the event, or doing things which remind you of what happened?	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4								
3 To what extent have you lost enjoyment for things, kept your distance from people, or found it difficult to experience feelings?	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4								
4 How much have you been bothered by poor sleep, poor concentration, jumpiness, irritability, or feeling watchful around you?	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4								
5 How much have you been bothered by pain, aches, or tiredness?	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4								
6 How much would you get upset when stressful events or setbacks happen to you?	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4								
7 How much have the above symptoms interfered with your ability to work or carry out daily activities?	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4								
8 How much have the above symptoms interfered with your relationships with family or friends?	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4								
9 How much better do you feel since beginning treatment? (as a percentage)	<input type="radio"/> 0	<input type="radio"/> 10	<input type="radio"/> 20	<input type="radio"/> 30	<input type="radio"/> 40	<input type="radio"/> 50	<input type="radio"/> 60	<input type="radio"/> 70	<input type="radio"/> 80	<input type="radio"/> 90	<input type="radio"/> 100	total <input type="text"/>	
10 How much have the above symptoms improved since starting treatment?	<input type="radio"/> 1 worse	<input type="radio"/> 2 no change	<input type="radio"/> 3 minimally	<input type="radio"/> 4 much	<input type="radio"/> 5 very much								

From Jonathan R.T. Davidson, MD regarding the **SPRINT**:

“The **SPRINT** can serve as a measure of the severity of PTSD symptoms in people who have survived a serious trauma. Even if they do not meet the diagnostic criteria of PTSD, the scale can provide an indication of how severe of a problem these symptoms might be. The scale can be given at any time after the event, and the items are usually rated for the previous week. In the original report (Connor KM, Davidson JRT Int Clin Psychopharmacology 2001; 16: 279-284), a score of 18 or above corresponded to marked or severe illness, while a mean score of 17 corresponded to moderate symptoms of PTSD. Scores around 10 corresponded to mild symptoms, and scores of 6 or less indicated either no or minimal symptoms.

For the purposes of diagnostic screening, if one assumes a 20% prevalence of PTSD in the population, then a cut off score of 14 or greater was found to carry a 95% sensitivity to detect PTSD, and 96% specificity for ruling out the diagnosis, with an overall accuracy of correct assignment being 96%. In a population with greater than 20% PTSD rates, the cut off threshold may be lower, as described in more detail by Connor and Davidson (2001).

For a comprehensive diagnostic assessment, it is recommended that a clinical evaluation also be conducted in situations where PTSD is a possibility.”

I think this should give you what you need - let me know if there are still questions. I would not worry about the number of days since the event as far as the **SPRINT** goes - if you have a high score of say 25 after 2 weeks, it's likely that some form of monitoring and/or intervention is going to be required unless the symptoms go away of their own accord rapidly.

All the best, Jonathan”